

## LIST OF ACTIVITIES AND SPORTS

**SPORT 1/20** 

valid as of 1 January 2020

aerobics, kickbox aerobic, aqua aerobic, yoga, fitness exercising aerotrim agility airsoft animation programmes athletics badminton ballet baseball basketball cross-country skiing (along marked trails) running - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) biathlon bobsleds (not competitive bodsleds) boccia bowling break dance bridge bridge close skating (in-line, roller skating) ice skating (in-line, roller skating) bomgee bomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	• majorettes     • lce stock sport     • minigolf     • sport modelling     • modern gymnastics     • foot tennis     • orienteering and cross-country running     • paddleboard     • paintball     • petanque     • swimming     • beach and water-based recreational activities     (water banana rides, paddle boat rides, parasailing, water skiing, toboganning, water sliding, etc.)     • city stays without any elevation limits     • powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)     • ground hockey     • arm wrestling     • icochet     • fishing and sport fishing (from the shore as well as from a boat)     • racewalking     • sled (not a racing sled)     • showdown     • rafting (see canoe slalom)     • skateboarding     • skiatblon	• Acrobatic rock and roll • american football • BMX • martial arts to the extent of capoeira, jiu-jitsu, judo, karate • bouldering (on artificial rock walls) • box lacrosse • canicross in difficult terrain • competitive cycling (road and track) • cyclo-cross, bike trial • canoe slalom (grades III-IV) • horse racing • quidditch • fly fox • firefighter sport and training of rescue squads • high ropes • roller hockey • mountain running • indoor skydiving • Roller in-line hockey • inline jöring • yachting and cruising on vessels powered solely by the wind • U-ramp rides (in-line skates, skateboard, skis, in-line scooter) • competitive figure skating • ice hockey • without use of security components • longboarding (ne sjezd/downhill)	eacrials         •acrobatics in general (e.g. artistes)         •acrobatics were skiing         •acrobatic winter skiing         •acrobatic winter skiing         •acrobatic winter skiing         •advankill skiing         •bobsled racing         •martial arts to the extent of aikido, allkampf-jitsu, kung-fu, taekwondo, sumo, box, kick boxing, thai boxing         •bouldering (not on artificial rock walls)         •bungee jumping         •canoe slalom (grade V)         •drifting         •lyboarding         •wildlife photography         •four-cross         •ice-cross downhill         •jet-surf         •kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)         •acrial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)         •longboarding (downhill)         •desert marathon         •moguls	ONINSURABLE      Alpinism
aerobic, yoga, fitness exercising eaerotrim eagility eairsoft eanimation programmes eathletics ebadminton eballet ebaseball ebaseball ecross-country skiing (along marked trails) erunning - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) ebiathlon ebobsleds (not competitive bodsleds) eboccia ebowling ebreak dance ebridge eskating (in-line, roller skating) eice skating (not competetive figure skating and speed skating) ebongee ebonger unning/trampoline canicross in easy terrain ecurling exercising in a gym ebicycle tourism edisc golf canoe slalom (grades I-II)	Ice stock sport minigolf sport modelling modern gymnastics foot tennis orienteering and cross-country running paddleboard paintball petanque swimming beach and water-based recreational activities (water banana rides, paddle boat rides, parasailing, water skiing, toboganning, water skiing, toboganning, water sliding, etc.) city stays without any elevation limits powerbocking (running with elastic- like spring-loaded stilts) (without somersaults) ground hockey arm wrestling ricochet fishing and sport fishing (from the shore as well as from a boat) racewalking sled (not a racing sled) showdown rafting (see canoe slalom) skateboarding	• american football • BMX • martial arts to the extent of capoeira, jiu-jitsu, judo, karate • bouldering (on artificial rock walls) • box lacrosse • canicross in difficult terrain • competitive cycling (road and track) • cyclo-cross, bike trial • canoe slalom (grades III-IV) • horse racing • quidditch • fly fox • firefighter sport and training of rescue squads • high ropes • roller hockey • mountain running • indoor skydiving • Roller in-line hockey • inline jöring • yachting and cruising on vessels powered solely by the wind • U-ramp rides (in-line skates, skateboard, skis, in-line scooter) • competitive figure skating • ice hockey • climbing on artificial rock walls without use of security components • longboarding (ne sjezd/downhill)	acrobatics in general (e.g. artistes) acrobatic water skiing acrobatic winter skiing downhill skiing bobsled racing martial arts to the extent of aikido, allkampf-jitsu, kung-fu, taekwondo, sumo, box, kick boxing, thai boxing bouldering (not on artificial rock walls) bungee jumping canyoning canoe slalom (grade V) drifting injuboarding wildlife photography four-cross ice-cross downhill jet-surf iting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, appod.) aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps) longboarding (downhill)	base jumping     buildering     cave diving     cance slalom (grade VI)     dragster racing     extreme skiing     extreme skiing     extreme skiing     extreme power sports (pul of heavy weights, vehicles cable, etc.)     freeride (whatever)     heliskiing     high jumping (cliffdiving)     mountain climbing     hydrospeed     estunt activities     etaming     climbing frozen waterfalls ice walls     hunting of exotic wild anim     parkour (outdoor and outs organized clubs)     ice diving or cave diving     rope jumping     seakayaking     eski alpinism     eski touring
•aerotrim •agility •airsoft •animation programmes •athletics •badminton •ballet •baseball •basketball •cross-country skiing (along marked trails) •running - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) •biathlon •bobsleds (not competitive bodsleds) •boccia •bowling •break dance •bridge •skating (in-line, roller skating) •ice skating (not competetive figure skating and speed skating) •bungee •bomerang •bungee running/trampoline •canicross in easy terrain •curling •exercising in a gym •bicycle tourism •disc golf •canoe slalom (grades I-II)	minigolf     sport modelling     modern gymnastics     foot tennis     orienteering and cross-country running     paddleboard     paintball     petanque     swimming     beach and water-based recreational activities     (water banana rides, paddle boat rides, parasailing, water skiing, toboganning, water sliding, etc.)     city stays without any elevation limits     powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)     eground hockey     arm wrestling     ricochet     fishing and sport fishing (from the shore as well as from a boat)     racewalking     sled (not a racing sled)     showdown     "afting (see canoe slalom)     skateboarding	BMX  martial arts to the extent of capoeira, jiu-jitsu, judo, karate bouldering (on artificial rock walls) box lacrosse  canicross in difficult terrain competitive cycling (road and track) cyclo-cross, bike trial canoe slalom (grades III-IV) horse racing quidditch efly fox firefighter sport and training of rescue squads high ropes eroller hockey emountain running eindoor skydiving Roller in-line hockey inline jöring yachting and cruising on vessels powered solely by the wind U-ramp rides (in-line skates, skateboard, skis, in-line scooter) competitive figure skating eice hockey elimbing on artificial rock walls without use of security components longboarding (ne sjezd/downhill)	acrobatic water skiing acrobatic winter skiing downhill skiing bobsled racing martial arts to the extent of aikido, allkampf-jitsu, kung-fu, taekwondo, sumo, box, kick boxing, thai boxing bouldering (not on artificial rock walls) bungee jumping canyoning canoe slalom (grade V) drifting hyboarding wildlife photography four-cross ice-cross downhill jet-surf kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.) aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps) longboarding (downhill)	buildering     cave diving     canoe slalom (grade VI)     dragster racing     extreme skiing     extreme skiing     extreme power sports (pul of heavy weights, vehicles cable, etc.)     freeride (whatever)     heliskiing     high jumping (cliffdiving)     mountain climbing     hydrospeed     stunt activities     taming     climbing frozen waterfalls ice walls     •hunting of exotic wild anim     parkour (outdoor and outs organized clubs)     ice diving or cave diving     rope jumping     seakayaking     sharkdiving     ski alpinism     ski touring
•agility •airsoft •animation programmes •athletics •badminton •ballet •baseball •basketball •cross-country skiing (along marked trails) •funning - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) •biathlon •bobsleds (not competitive bodsleds) •boccia •bowling •break dance •bridge •skating (in-line, roller skating) •ice skating (not competetive figure skating and speed skating) •bungee •boomerang •bungee running/trampoline •canicross in easy terrain •curling •exercising in a gym •bicycle tourism •disc golf •canoe slalom (grades I-II)	sport modelling     modern gymnastics     foot tennis     orienteering and cross-country     running     paddleboard     paintball     petanque     swimming     beach and water-based recreational     activities     (water banana rides, paddle boat     rides, parasailing, vwater skiing,     toboganning, water sliding, etc.)     city stays without any elevation     limits     powerbocking (running with elastic- like spring-loaded stilts) (without     somersaults)     eground hockey     arm wrestling     ricochet     fishing and sport fishing (from the     shore as well as from a boat)     racewalking     sled (not a racing sled)     showdown     "affing (see canoe slalom)     skateboarding	martial arts to the extent of capoeira, jiu-jitsu, judo, karate bouldering (on artificial rock walls) box lacrosse canicross in difficult terrain competitive cycling (road and track) cyclo-cross, bike trial canoe slalom (grades III-IV) horse racing quidditch efly fox firefighter sport and training of rescue squads high ropes eroller hockey emountain running indoor skydiving Roller in-line hockey inline jöring yachting and cruising on vessels powered solely by the wind U-ramp rides (in-line skates, skateboard, skis, in-line scooter) competitive figure skating ice hockey climbing on artificial rock walls without use of security components longboarding (ne sjezd/downhill)	acrobatic winter skiing downhill skiing bobsled racing martial arts to the extent of aikido, allkampf-jitsu, kung-fu, taekwondo, sumo, box, kick boxing, thai boxing bouldering (not on artificial rock walls) canyoning canyoning flyboarding didlife photography four-cross ice-cross downhill jet-surf kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.) aerial sports to the extent of piloting sport planes, gliders, parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps) longboarding (downhill) desert marathon	cave diving cance slalom (grade VI) dragster racing extreme skiing extreme power sports (pul of heavy weights, vehicles cable, etc.) freeride (whatever) heliskiing high jumping (cliffdiving) mountain climbing hydrospeed stunt activities taming climbing frozen waterfalls ice walls hunting of exotic wild anim parkour (outdoor and outs organized clubs) ice diving or cave diving rope jumping seakayaking sharkdiving ski alpinism
airsoft animation programmes athletics badminton ballet baseball basketball cross-country skiing (along marked trails) running - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) biathlon bobsleds (not competitive bodsleds) boccia bowling break dance bridge skating (in-line, roller skating) ice skating (not competetive figure skating and speed skating) bungee bomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism edisc golf canoe slalom (grades I-II)	modern gymnastics     foot tennis     orienteering and cross-country running     paddleboard     paintball     petanque     swimming     beach and water-based recreational activities     (water banana rides, paddle boat rides, parasailing, vwater skiing, toboganning, water sliding, etc.)     city stays without any elevation limits     powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)     eground hockey     arm wrestling     ricochet     fishing and sport fishing (from the shore as well as from a boat)     racewalking     sled (not a racing sled)     showdown     rafting (see canoe slalom)     skateboarding	jiu-jitsu, judo, karate  •bouldering (on artificial rock walls)  •box lacrosse  •canicross in difficult terrain  •competitive cycling (road and track)  •cyclo-cross, bike trial  •canoe slalom (grades III-IV)  •horse racing  •quidditch  •fly fox  •firefighter sport and training of rescue squads  •high ropes  •roller hockey  •mountain running  •indoor skydiving  •Roller in-line hockey  •inline jöring  •yachting and cruising on vessels powered solely by the wind  •U-ramp rides (in-line skates, skateboard, skis, in-line scooter)  •competitive figure skating  •ice hockey  •climbing on artificial rock walls without use of security components  •longboarding (ne sjezd/downhill)	downhill skiing         bobsled racing         martial arts to the extent of aikido, allkampf-jitsu, kung-fu, taekwondo, sumo, box, kick boxing, thai boxing         bouldering (not on artificial rock walls)         bungee jumping         canyoning         ecanyoning         flyboarding         wildlife photography         four-cross         ice-cross downhill         jet-surf         kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)         aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)         longboarding (downhill)         edesert marathon	canoe slalom (grade VI) dragster racing extreme skiing extreme skiing extreme spower sports (pul of heavy weights, vehicles cable, etc.) freeride (whatever) heliskiing high jumping (cliffdiving) mountain climbing hydrospeed stunt activities taming climbing frozen waterfalls ice walls hunting of exotic wild anim parkour (outdoor and outs organized clubs) ice diving or cave diving rope jumping seakayaking sharkdiving ski alpinism
•animation programmes •athletics •badminton •ballet •baseball •baseball •cross-country skiing (along marked trails) •running - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) •biathlon •bobsleds (not competitive bodsleds) •boccia •bowling •break dance •bridge •skating (in-line, roller skating) •ice skating (not competetive figure skating and speed skating) •bungee •boomerang •bungee running/trampoline •canicross in easy terrain •curling •exercising in a gym •bicycle tourism •disc golf •canoe slalom (grades I-II)	• foot tennis • orienteering and cross-country running • paddleboard • paintball • petanque • swimming • beach and water-based recreational activities (water banana rides, paddle boat rides, parasailing, water skiing, toboganning, water sliding, etc.) • city stays without any elevation limits • powerbocking (running with elastic-like spring-loaded stilts) (without somersaults) • ground hockey • arm wrestling • ricochet • fishing and sport fishing (from the shore as well as from a boat) • racewalking • sled (not a racing sled) • showdown • rafting (see canoe slalom) • skateboarding	bouldering (on artificial rock walls) box lacrosse canicross in difficult terrain competitive cycling (road and track) cyclo-cross, bike trial canoe slalom (grades III-IV) horse racing quidditch fly fox firefighter sport and training of rescue squads high ropes roller hockey mountain running indoor skydiving Roller in-line hockey inline jöring yachting and cruising on vessels powered solely by the wind U-ramp rides (in-line skates, skateboard, skis, in-line scooter) competitive figure skating ice hockey climbing on artificial rock walls without use of security components longboarding (ne sjezd/downhill)	bobsled racing     martial arts to the extent of aikido, allkampf-jitsu, kung-fu, taekwondo, sumo, box, kick boxing, thai boxing     bouldering (not on artificial rock walls)     bungee jumping     canoe slalom (grade V)     drifting     eflyboarding     wildlife photography     four-cross     ice-cross downhill     iet-surf     kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)     aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)     longboarding (downhill)     desert marathon	dragster racing     extreme skiing     extreme power sports (pul of heavy weights, vehicles cable, etc.)     freeride (whatever)     heliskiing     high jumping (cliffdiving)     mountain climbing     hydrospeed     estunt activities     taming     climbing frozen waterfalls ice walls     hunting of exotic wild anim     parkour (outdoor and outs organized clubs)     ice diving or cave diving     rope jumping     seakayaking     eski alpinism     eski touring
• athletics • badminton • ballet • baseball • baseball • basektball • cross-country skiing (along marked trails) • running - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) • biathlon • bobsleds (not competitive bodsleds) • boccia • bowling • break dance • bridge • skating (in-line, roller skating) • ice skating (not competetive figure skating and speed skating) • bungee • boomerang • bungee running/trampoline • canicross in easy terrain • curling • exercising in a gym • bicycle tourism • disc golf • canoe slalom (grades I-II)	orienteering and cross-country running paddleboard paintball petanque swimming beach and water-based recreational activities (water banana rides, paddle boat rides, parasailing, water skiing, toboganning, water skiing, toboganning, water sliding, etc.) city stays without any elevation limits powerbocking (running with elastic-like spring-loaded stilts) (without somersaults) ground hockey arm wrestling ricochet fishing and sport fishing (from the shore as well as from a boat) racewalking sled (not a racing sled) showdown rafting (see canoe slalom) skateboarding	box lacrosse         canicross in difficult terrain     competitive cycling (road and track)     cyclo-cross, bike trial     canoe slalom (grades III-IV)     horse racing     quidditch     fly fox     firefighter sport and training of rescue squads     high ropes     roller hockey         mountain running         indoor skydiving         Roller in-line hockey     inline jöring         yachting and cruising on vessels powered solely by the wind         U-ramp rides (in-line skates, skateboard, skis, in-line scooter)         competitive figure skating         ice hockey         climbing on artificial rock walls without use of security components         longboarding (ne sjezd/downhill)	martial arts to the extent of aikido, allkampf-jitsu, kung-fu, taekwondo, sumo, box, kick boxing, thai boxing bouldering (not on artificial rock walls) bungee jumping canyoning canoe slalom (grade V) drifting flyboarding wildlife photography four-cross ice-cross downhill jet-surf kitting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.) aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps) longboarding (downhill)	extreme skiing     extreme power sports (pul of heavy weights, vehicles cable, etc.)     freeride (whatever)     heliskiing     high jumping (cliffdiving)     mountain climbing     hydrospeed     estunt activities     taming     climbing frozen waterfalls: ice walls     hunting of exotic wild anim     parkour (outdoor and outs organized clubs)     ice diving or cave diving     rope jumping     seakayaking     esharkdiving     eski alpinism     eski touring
badminton ballet baseball basketball cross-country skiing (along marked trails) crunning - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) biathlon bobsleds (not competitive bodsleds) boccia bowling break dance bridge skating (in-line, roller skating) ice skating (not competetive figure skating and speed skating) boungee boomerang boungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	running  paddleboard  paintball  petanque  swimming  beach and water-based recreational activities  (water banana rides, paddle boat rides, parasailing, water skiing, toboganning, water sliding, etc.)  city stays without any elevation limits  powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)  ground hockey  arm wrestling  ricochet  fishing and sport fishing (from the shore as well as from a boat)  racewalking  sled (not a racing sled)  showdown  -rafting (see canoe slalom)  skateboarding	canicross in difficult terrain competitive cycling (road and track) cyclo-cross, bike trial canoe slalom (grades III-IV) horse racing quidditch fly fox firefighter sport and training of rescue squads high ropes roller hockey mountain running indoor skydiving Roller in-line hockey inline jöring yachting and cruising on vessels powered solely by the wind U-ramp rides (in-line skates, skateboard, skis, in-line scooter) competitive figure skating ice hockey climbing on artificial rock walls without use of security components longboarding (ne sjezd/downhill)	allkampf-jitsu, kung-fu, taekwondo, sumo, box, kick boxing, thai boxing  • bouldering (not on artificial rock walls)  • bungee jumping  • canyoning  • canoe slalom (grade V)  • drifting  • liyboarding  • wildlife photography  • four-cross  • ice-cross downhill  • jet-surf  • kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)  • aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)  • longboarding (downhill)  • desert marathon	extreme power sports (pul of heavy weights, vehicles cable, etc.)     freeride (whatever)     ehelisking     high jumping (cliffdiving)     mountain climbing     hydrospeed     estunt activities     etaming     climbing frozen waterfalls ice walls     ehunting of exotic wild anim     parkour (outdoor and outs organized clubs)     ice diving or cave diving     rope jumping     seakayaking     sharkdiving     eski alpinism     eski touring
ballet baseball basketball cross-country skiing (along marked trails) cross-country skiing (along marked trails) cunning - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) biathlon biobsleds (not competitive bodsleds) bioccia bowling break dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	paddleboard paintball petanque swimming beach and water-based recreational activities (water banana rides, paddle boat rides, parasailing, water skiing, toboganning, water sliding, etc.) city stays without any elevation limits powerbocking (running with elastic-like spring-loaded stilts) (without somersaults) ground hockey arm wrestling ricochet fishing and sport fishing (from the shore as well as from a boat) racewalking sled (not a racing sled) showdown -rafting (see canoe slalom)	competitive cycling (road and track) cyclo-cross, bike trial canoe slalom (grades III-IV) horse racing quidditch fly fox firefighter sport and training of rescue squads high ropes roller hockey mountain running indoor skydiving Roller in-line hockey inline jöring yachting and cruising on vessels powered solely by the wind U-ramp rides (in-line skates, skateboard, skis, in-line scooter) competitive figure skating ice hockey climbing on artificial rock walls without use of security components longboarding (ne sjezd/downhill)	sumo, box, kick boxing, thai boxing  • bouldering (not on artificial rock walls)  • bungee jumping  • canyoning  • canyoning  • drifting  • flyboarding  • wildlife photography  • four-cross  • ice-cross downhill  • jet-surf  • kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)  • aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)  • longboarding (downhill)  • desert marathon	of heavy weights, vehicles cable, etc.)  •freeride (whatever) •heliskiing •high jumping (cliffdiving) •mountain climbing •hydrospeed •stunt activities •taming •climbing frozen waterfalls ice walls •hunting of exotic wild anin •parkour (outdoor and outs organized clubs) •ice diving or cave diving •rope jumping •seakayaking •sharkdiving •ski alpinism •ski touring
baseball basketball cross-country skiing (along marked trails) rounning - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) biathlon biobsleds (not competitive bodsleds) bioccia biowling break dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	paintball petanque swimming beach and water-based recreational activities (water banana rides, paddle boat rides, parasailing, vwater skiing, toboganning, water sliding, etc.) city stays without any elevation limits powerbocking (running with elastic-like spring-loaded stilts) (without somersaults) ground hockey arm wrestling ricochet fishing and sport fishing (from the shore as well as from a boat) racewalking sled (not a racing sled) showdown rafting (see canoe slalom)	cyclo-cross, bike trial canoe slalom (grades III-IV) horse racing quidditch fly fox firefighter sport and training of rescue squads high ropes roller hockey mountain running indoor skydiving Roller in-line hockey inline jöring yachting and cruising on vessels powered solely by the wind U-ramp rides (in-line skates, skateboard, skis, in-line scooter) competitive figure skating ice hockey climbing on artificial rock walls without use of security components longboarding (ne sjezd/downhill)	bouldering (not on artificial rock walls)     bungee jumping     canyoning     canoe slalom (grade V)     drifting     flyboarding     wildlife photography     four-cross     ice-cross downhill     jet-surf     kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)     aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)     longboarding (downhill)     desert marathon	cable, etc.)  •freeride (whatever)  •heliskiing  •high jumping (cliffdiving)  •mountain climbing  •hydrospeed  •stunt activities  •taming  •climbing frozen waterfalls  ice walls  •hunting of exotic wild anin  •parkour (outdoor and outs  organized clubs)  •ice diving or cave diving  •rope jumping  •seakayaking  •sharkdiving  •ski alpinism  •ski touring
basketball cross-country skiing (along marked trails) running - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) biathlon bobsleds (not competitive bodsleds) boccia bowling break dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	petanque swimming beach and water-based recreational activities (water banana rides, paddle boat rides, parasailing, vwater skiing, toboganning, water sliding, etc.) city stays without any elevation limits powerbocking (running with elastic-like spring-loaded stilts) (without somersaults) ground hockey arm wrestling ricochet fishing and sport fishing (from the shore as well as from a boat) racewalking sled (not a racing sled) showdown rafting (see canoe slalom) skateboarding	canoe slalom (grades III-IV) horse racing quidditch fly fox firefighter sport and training of rescue squads high ropes roller hockey mountain running indoor skydiving Roller in-line hockey inline jöring yachting and cruising on vessels powered solely by the wind U-ramp rides (in-line skates, skateboard, skis, in-line scooter) competitive figure skating ice hockey climbing on artificial rock walls without use of security components longboarding (ne sjezd/downhill)	bungee jumping     canyoning     canoe slalom (grade V)     drifting     flyboarding     wildlife photography     four-cross     ice-cross downhill     iet-surf     kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)     aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)     longboarding (downhill)     desert marathon	freeride (whatever) heliskiing high jumping (cliffdiving) mountain climbing hydrospeed stunt activities taming climbing frozen waterfalls ice walls hunting of exotic wild anin parkour (outdoor and outs organized clubs) ice diving or cave diving rope jumping seakayaking sharkdiving ski alpinism
cross-country skiing (along marked trails) running - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) biathlon bobsleds (not competitive bodsleds) boccia bowling break dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism bicycle tourism bics golf canoe slalom (grades I-II)	swimming     beach and water-based recreational activities     (water banana rides, paddle boat rides, parasailing, water skiing, toboganning, water sliding, etc.)     city stays without any elevation limits     powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)     eground hockey     arm wrestling     ricochet     fishing and sport fishing (from the shore as well as from a boat)     racewalking     sled (not a racing sled)     showdown     rafting (see canoe slalom)     skateboarding	horse racing     quidditch     fly fox     firefighter sport and training of rescue squads     high ropes     roller hockey     mountain running     indoor skydiving     Roller in-line hockey     inline jöring     yachting and cruising on vessels powered solely by the wind     U-ramp rides (in-line skates, skateboard, skis, in-line scooter)     competitive figure skating     ice hockey     climbing on artificial rock walls without use of security components     longboarding (ne sjezd/downhill)	canyoning canoe slalom (grade V) dirifting flyboarding wildlife photography four-cross ice-cross downhill jet-surf kitting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.) aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps) longboarding (downhill) desert marathon	heliskiing     high jumping (cliffdiving)     mountain climbing     hydrospeed     stunt activities     taming     climbing frozen waterfalls ice walls     hunting of exotic wild anin     parkour (outdoor and outs organized clubs)     ice diving or cave diving     rope jumping     seakayaking     sharkdiving     ski alpinism     ski touring
trails) running - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) biathlon bobsleds (not competitive bodsleds) bodsleds) boccia bowling break dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) boungee boomerang boungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism bics golf canoe slalom (grades I-II)	beach and water-based recreational activities     (water banana rides, paddle boat rides, parasailing, water skiing, toboganning, water sliding, etc.)     city stays without any elevation limits     powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)     eground hockey     arm wrestling     ricochet     elishing and sport fishing (from the shore as well as from a boat)     racewalking     sled (not a racing sled)     showdown     erafting (see canoe slalom)     eskateboarding	quidditch  fly fox  firefighter sport and training of rescue squads  high ropes  roller hockey  mountain running  indoor skydiving  Roller in-line hockey  inline jöring  yachting and cruising on vessels powered solely by the wind  U-ramp rides (in-line skates, skateboard, skis, in-line scooter)  competitive figure skating  ice hockey  climbing on artificial rock walls without use of security components  longboarding (ne sjezd/downhill)	canoe slalom (grade V) drifting flyboarding wildlife photography four-cross ice-cross downhill jet-surf kitting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.) aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps) longboarding (downhill) desert marathon	high jumping (cliffdiving)     mountain climbing     hydrospeed     stunt activities     taming     climbing frozen waterfalls ice walls     hunting of exotic wild anin     parkour (outdoor and outs organized clubs)     ice diving or cave diving     rope jumping     seakayaking     sharkdiving     ski alpinism     ski touring
running - jogging, long courses, including marathons, uphill running (not mountain running and desert marathons) biathlon bobsleds (not competitive bodsleds) boccia bowling break dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	activities (water banana rides, paddle boat rides, parasailing, vwater skiing, toboganning, water sliding, etc.) • city stays without any elevation limits • powerbocking (running with elastic- like spring-loaded stilts) (without somersaults) • ground hockey • arm wrestling • ricochet • fishing and sport fishing (from the shore as well as from a boat) • racewalking • sled (not a racing sled) • showdown • rafting (see canoe slalom) • skateboarding	• fly fox  • firefighter sport and training of rescue squads  • high ropes  • roller hockey  • mountain running  • indoor skydiving  • Roller in-line hockey  • inline jöring  • yachting and cruising on vessels powered solely by the wind  • U-ramp rides (in-line skates, skateboard, skis, in-line scooter)  • competitive figure skating  • ice hockey  • climbing on artificial rock walls without use of security components  • longboarding (ne sjezd/downhill)	drifting flyboarding vivildlife photography four-cross ice-cross downhill jet-surf kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.) aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps) longboarding (downhill) desert marathon	mountain climbing     hydrospeed     stunt activities     taming     climbing frozen waterfalls ice walls     hunting of exotic wild anin     parkour (outdoor and outs organized clubs)     ice diving or cave diving     rope jumping     seakayaking     sharkdiving     ski alpinism     ski touring
including marathons, uphill running (not mountain running and desert marathons) biathlon bobsleds (not competitive bodsleds) boccia bowling break dance bridge skating (in-line, roller skating) ice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	(water banana rides, paddle boat rides, parasailing, vwater skiing, toboganning, water sliding, etc.)  • city stays without any elevation limits  • powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)  • ground hockey • arm wrestling • ricochet  • fishing and sport fishing (from the shore as well as from a boat) • racewalking • sled (not a racing sled) • showdown • rafting (see canoe slalom) • skateboarding	• firefighter sport and training of rescue squads • high ropes • roller hockey • mountain running • indoor skydiving • Roller in-line hockey • inline jöring • yachting and cruising on vessels powered solely by the wind • U-ramp rides (in-line skates, skateboard, skis, in-line scooter) • competitive figure skating • ice hockey • climbing on artificial rock walls without use of security components • longboarding (ne sjezd/downhill)	•flyboarding     •wildlife photography     •four-cross     •ice-cross downhill     •jet-surf     •kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)     •aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)     •longboarding (downhill)     •desert marathon	hydrospeed     stunt activities     taming     climbing frozen waterfalls ice walls     hunting of exotic wild anir     parkour (outdoor and outgranized clubs)     ice diving or cave diving     rope jumping     seakayaking     sharkdiving     ski alpinism     ski touring
(not mountain running and desert marathons) bibathlon bibobsleds (not competitive bodsleds) boccia bowling berak dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	rides, parasailing, vwater skiing, toboganning, water sliding, etc.)  • city stays without any elevation limits  • powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)  • ground hockey • arm wrestling • ricochet  • fishing and sport fishing (from the shore as well as from a boat) • racewalking • sled (not a racing sled) • showdown • rafting (see canoe slalom) • skateboarding	squads  • high ropes  • roller hockey  • mountain running • indoor skydiving  • Roller in-line hockey • inline jöring  • yachting and cruising on vessels powered solely by the wind • U-ramp rides (in-line skates, skateboard, skis, in-line scooter) • competitive figure skating • ice hockey • climbing on artificial rock walls without use of security components • longboarding (ne sjezd/downhill)	wildlife photography     four-cross     ice-cross downhill     jet-surf     kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)     aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)     longboarding (downhill)     desert marathon	stunt activities taming climbing frozen waterfalls ice walls hunting of exotic wild anir parkour (outdoor and outs organized clubs) ice diving or cave diving rope jumping seakayaking sharkdiving ski alpinism
marathons) biathlon bobsleds (not competitive bodsleds) boccia bowling break dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym blicycle tourism blicycle tourism blicycle tourism class golf canoe slalom (grades I-II)	toboganning, water sliding, etc.)  • city stays without any elevation limits  • powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)  • ground hockey  • arm wrestling  • ricochet  • fishing and sport fishing (from the shore as well as from a boat)  • racewalking  • sled (not a racing sled)  • showdown  • rafting (see canoe slalom)  • skateboarding	high ropes     •roller hockey     •mountain running     •indoor skydiving     •Roller in-line hockey     •inline jöring     •yachting and cruising on vessels powered solely by the wind     •U-ramp rides (in-line skates, skateboard, skis, in-line scooter)     •competitive figure skating     •ice hockey     •climbing on artificial rock walls without use of security components     •longboarding (ne sjezd/downhill)	four-cross     ice-cross downhill     jet-surf     kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)     aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)     longboarding (downhill)     desert marathon	taming climbing frozen waterfalls ice walls hunting of exotic wild anir parkour (outdoor and outgranized clubs) ice diving or cave diving rope jumping seakayaking sharkdiving ski alpinism
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bobsleds (not competitive bodsleds) bockleds bodsleds) bockleds bowling break dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline boanicross in easy terrain curling exercising in a gym bicycle tourism disc golf becanoe slalom (grades I-II)	limits  • powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)  • ground hockey • arm wrestling • ricochet • fishing and sport fishing (from the shore as well as from a boat) • racewalking • sled (not a racing sled) • showdown • rafting (see canoe slalom) • skateboarding	mountain running indoor skydiving Roller in-line hockey inline jöring yachting and cruising on vessels powered solely by the wind U-ramp rides (in-line skates, skateboard, skis, in-line scooter) competitive figure skating ice hockey climbing on artificial rock walls without use of security components	piet-surf light ground in the property of the paragraph of the paragraph of the paragraph of the paragraph of the parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps) longboarding (downhill) desert marathon	ice walls  • hunting of exotic wild anir  • parkour (outdoor and outsorganized clubs)  • ice diving or cave diving  • rope jumping  • seakayaking  • sharkdiving  • ski alpinism  • ski touring
bodsleds) bodsleds) bodsleds) bodsleds bodsleds bowling bereak dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	powerbocking (running with elastic-like spring-loaded stilts) (without somersaults)     ground hockey     arm wrestling     ricochet     fishing and sport fishing (from the shore as well as from a boat)     racewalking     sled (not a racing sled)     showdown     rafting (see canoe slalom)     skateboarding	indoor skydiving Roller in-line hockey inline jöring yachting and cruising on vessels powered solely by the wind U-ramp rides (in-line skates, skateboard, skis, in-line scooter) competitive figure skating ice hockey climbing on artificial rock walls without use of security components	kiting (buggykiting, kiteboarding, kitesurfing, powerkiting, snowkiting, apod.)     aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)     longboarding (downhill)     desert marathon	hunting of exotic wild aning parkour (outdoor and outgorganized clubs)     ice diving or cave diving rope jumping     seakayaking     sharkdiving     ski alpinism     ski touring
boccia bowling break dance bridge bri	like spring-loaded stilts) (without somersaults) •ground hockey •arm wrestling •ricochet •fishing and sport fishing (from the shore as well as from a boat) •racewalking •sled (not a racing sled) •showdown •rafting (see canoe slalom) •skateboarding	Roller in-line hockey  inline jöring  yachting and cruising on vessels powered solely by the wind  U-ramp rides (in-line skates, skateboard, skis, in-line scooter)  competitive figure skating  ice hockey  climbing on artificial rock walls without use of security components  longboarding (ne sjezd/downhill)	kitesurfing, powerkiting, snowkiting, apod.)  aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)  longboarding (downhill)  desert marathon	parkour (outdoor and outsorganized clubs)     ice diving or cave diving     rope jumping     seakayaking     sharkdiving     ski alpinism     ski touring
bowling break dance bridge skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	somersaults)  • ground hockey • arm wrestling • ricochet • fishing and sport fishing (from the shore as well as from a boat) • racewalking • sled (not a racing sled) • showdown • rafting (see canoe slalom) • skateboarding	Roller in-line hockey  inline jöring  yachting and cruising on vessels powered solely by the wind  U-ramp rides (in-line skates, skateboard, skis, in-line scooter)  competitive figure skating  ice hockey  climbing on artificial rock walls without use of security components  longboarding (ne sjezd/downhill)	kitesurfing, powerkiting, snowkiting, apod.)  aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)  longboarding (downhill)  desert marathon	organized clubs)  • ice diving or cave diving  • rope jumping  • seakayaking  • sharkdiving  • ski alpinism  • ski touring
break dance bridge skating (in-line, roller skating) sice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	ground hockey arm wrestling ricochet fishing and sport fishing (from the shore as well as from a boat) racewalking sled (not a racing sled) showdown rafting (see canoe slalom) skateboarding	yachting and cruising on vessels powered solely by the wind     U-ramp rides (in-line skates, skateboard, skis, in-line scooter)     competitive figure skating     ice hockey     climbing on artificial rock walls without use of security components     longboarding (ne sjezd/downhill)	aerial sports to the extent of piloting sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)     longboarding (downhill)     desert marathon	ice diving or cave diving rope jumping seakayaking sharkdiving ski alpinism ski touring
bridge skating (in-line, roller skating) sice skating (not competetive figure skating and speed skating) bungee becomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf ecanoe slalom (grades I-II)	arm wrestling ricochet fishing and sport fishing (from the shore as well as from a boat) racewalking sled (not a racing sled) showdown rafting (see canoe slalom) skateboarding	yachting and cruising on vessels powered solely by the wind     U-ramp rides (in-line skates, skateboard, skis, in-line scooter)     competitive figure skating     ice hockey     climbing on artificial rock walls without use of security components     longboarding (ne sjezd/downhill)	sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps) • longboarding (downhill) • desert marathon	rope jumping     seakayaking     sharkdiving     ski alpinism     ski touring
skating (in-line, roller skating) bice skating (not competetive figure skating and speed skating) bungee bungee bungee running/trampoline cardicross in easy terrain curling exercising in a gym blicycle tourism disc golf canoe slalom (grades I-II)	ricochet fishing and sport fishing (from the shore as well as from a boat) racewalking sled (not a racing sled) showdown rafting (see canoe slalom) skateboarding	powered solely by the wind  •U-ramp rides (in-line skates, skateboard, skis, in-line scooter)  •competitive figure skating  •ice hockey  •climbing on artificial rock walls  without use of security components  •longboarding (ne sjezd/downhill)	sport planes, gliders, balloons, glider parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps) • longboarding (downhill) • desert marathon	rope jumping     seakayaking     sharkdiving     ski alpinism     ski touring
skating (in-line, roller skating) ice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	fishing and sport fishing (from the shore as well as from a boat)  racewalking sled (not a racing sled) showdown rafting (see canoe slalom) skateboarding	U-ramp rides (in-line skates, skateboard, skis, in-line scooter) competitive figure skating ice hockey climbing on artificial rock walls without use of security components longboarding (ne sjezd/downhill)	parachutes, hang gliders, paragliding, parasailing, aerobatics, parachuting (even tandem jumps)  • longboarding (downhill) • desert marathon	<ul><li>seakayaking</li><li>sharkdiving</li><li>ski alpinism</li><li>ski touring</li></ul>
oice skating (not competetive figure skating and speed skating) bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	fishing and sport fishing (from the shore as well as from a boat)  racewalking sled (not a racing sled) showdown rafting (see canoe slalom) skateboarding	skateboard, skis, in-line scooter)  competitive figure skating  ice hockey  climbing on artificial rock walls without use of security components  longboarding (ne sjezd/downhill)	parasailing, aerobatics, parachuting (even tandem jumps) •longboarding (downhill) •desert marathon	• sharkdiving • ski alpinism • ski touring
skating and speed skating) bungee boomerang bungee running/trampoline concinences in easy terrain curling exercising in a gym bicycle tourism disc golf ecanoe slalom (grades I-II)	shore as well as from a boat)  •racewalking  •sled (not a racing sled)  •showdown  •rafting (see canoe slalom)  •skateboarding	competitive figure skating     ice hockey     climbing on artificial rock walls     without use of security components     longboarding (ne sjezd/downhill)	(even tandem jumps)  •longboarding (downhill)  •desert marathon	• ski alpinism • ski touring
bungee boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	racewalking     sled (not a racing sled)     showdown     rafting (see canoe slalom)     skateboarding	<ul> <li>ice hockey</li> <li>climbing on artificial rock walls without use of security components</li> <li>longboarding (ne sjezd/downhill)</li> </ul>	• longboarding (downhill) • desert marathon	• ski touring
boomerang bungee running/trampoline canicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	• sled (not a racing sled) • showdown • rafting (see canoe slalom) • skateboarding	<ul> <li>climbing on artificial rock walls without use of security components</li> <li>longboarding (ne sjezd/downhill)</li> </ul>	• desert marathon	~
bungee running/trampoline cardicross in easy terrain curling exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	showdown     rafting (see canoe slalom)     skateboarding	without use of security components •longboarding (ne sjezd/downhill)		Sky sui iiig
ecanicross in easy terrain curling exercising in a gym beicycle tourism disc golf ecanoe slalom (grades I-II)	•rafting (see canoe slalom) •skateboarding	•longboarding (ne sjezd/downhill)		and the state of t
ecurling exercising in a gym ebicycle tourism edisc golf ecanoe slalom (grades I-II)	<ul> <li>skateboarding</li> </ul>		• motor sports in difficult terrain	• speed riding
exercising in a gym bicycle tourism disc golf canoe slalom (grades I-II)	-		(motocross, autocross, enduro, etc.)	• shooting with live ammun
obicycle tourism odisc golf ocanoe slalom (grades I-II)	SKIdtillOII	•modern pentathlon	• mountain bike trail/biking	(not shooting at the official
disc golf canoe slalom (grades I-II)	- alilanka (mak annanskiki m)	• monoski		shooting range- see sport
canoe slalom (grades I-II)	• skibobs (not competitive)	• motor sports in normal terrain	• mountboarding	shooting)
	water jumping (including	(including minibike, mini-karts, go-	• parkour (indoor or in organized clubs)	• fencing with sharp swords
	synchronised) (from board or	karts)	• speedway (and ice speedway)	<ul> <li>via ferrata grades E-F</li> </ul>
drag boating	tower)	• parkour	diving with a breathing apparatus	<ul> <li>expeditions to places with</li> </ul>
duation	•snowboarding (along marked trails]	pole dance	without instructor or above 10 m	extreme weather and natu
fitness and bodybuilding	<ul> <li>snowtrampoline</li> </ul>	<ul><li>polo</li></ul>	depth	conditions or large
floorball	<ul> <li>snowtubbing (along marked trails)</li> </ul>	<ul> <li>diving without a breathing apparatus -</li> </ul>	<ul> <li>powerbocking with somersaults</li> </ul>	uninhabited areas (desert
football, footbag, goalball, futsal	• softball	freediving, or diving with a breathing	•rodeo, western rodeo	jungle, open sea, polar are
frisbee	<ul><li>spinning</li></ul>	apparatus with instructor up to 10 m	•speed skiing	etc.)
golf	<ul><li>squash</li></ul>	depth (excluding ice diving)	• sled racing	<ul> <li>high-altitude hiking above</li> </ul>
handball	<ul> <li>desk games</li> </ul>	<ul> <li>rugby and underwater rugby</li> </ul>	Nordic combined	5000 m above sea level
ball hockey	•table tennis	<ul> <li>fishing and sport fishing (from the</li> </ul>	<ul> <li>downhill on a snowmobile</li> </ul>	<ul> <li>wrestling</li> </ul>
cheerleaders	<ul> <li>stretching</li> </ul>	shore as well as from a boat)	<ul> <li>skeleton</li> </ul>	<ul> <li>testing of transports mear</li> </ul>
intercross	<ul> <li>streetball</li> </ul>	<ul> <li>speed skating competitive (on ice or</li> </ul>	• skibob racing	
classic cars driving	<ul> <li>blank firing</li> </ul>	in-line)	ski jumping and flying	
mountain biking (not downhill MTB)	<ul> <li>sport shooting (including shooting</li> </ul>	<ul> <li>sandboarding</li> </ul>	•sky dive	
riding a snowmobile (not downhill,	with live ammunition at the official	• single track	• snow (bungee) rafting/kayaking	
freestyle)	shooting range)	• skijöring	• speleology	
animal rides (e.g. horse, camel,	•synchronised swimming	• jumping on trampolines without use	•streetluge	
elephant)	•chess	of security components	historical medieval battles (full)	
yoga	•fencing - sport, historical, scenic,	<ul><li>abseiling</li></ul>	contact)	
canoeing on calm water	etc. (not using sharp weapons)	• sledge hockey	•swing jumping	
kickbox aerobic	• darts	• snowboard cross, skicross	•trial (auto, moto)	
cycle ball	• snorkelling	• spartan race	•via ferrata grade D	
•	•tai-chi	•sport gymnastics	The retraite grade D	
fitness exercising in sporting	ballroom dancing (including	• surfing		
organisations	competitive ballroom dancing)	hiking in difficult terrain up to 5000 m		
horse racing	•tennis	above sea level, also including paths		
korfball	•tchoukball	equipped with chains, ropes or ladders		
partistic cycling	•triathlon	(via ferrata grades A-C) and trekkings		
cricket				
billiard	hiking in easy terrain up to 3000 m     above see level (including trakking)	• water motorsports (boat, motor		
body building	above sea level (including trekking)	scooters, catamaran, etc.)		
skittles	•rowing	water slalom (even on an artificial		
quadriathlon	• water skiing	canal)		
lacrosse	•water polo	weightlifting (even powerlifting and     hardbares)		
balloon flights (as a passenger)	•volleyball	benchpress)		
climbing artificial walls	• wallyball	wakeboarding		
sport hunting (not hunting of exotic	<ul><li>windsurfing</li></ul>	Greco-Roman wrestling		
wild animals)	<ul><li>dog sled racing (mushing)</li></ul>	•freestyle wrestling		
archery	• winter swimming	<ul><li>winter sports in snowpark</li></ul>		
skiing along marked trails (besides	∙zumba	<ul><li>zorbing</li></ul>		
speed skiing and mogul skiing)	∙juggling			
and moder skiller	- == =			

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