

Preventive examinations fully covered by VZP

the age of the insured person	0	1	2	3	15	18	30	40	45	50	55	60
preventive examination by a pediatrician	9x					once every 2 years						
general preventive examination, performed by a general practitioner							once every 2 years		**			
gynaecological preventive examination, performed by a gynaecologist						once a year						
dental preventive examination, performed by a dentist		1x	twice a year				once a year * (pregnant women twice during pregnancy)					
Some examinations carried out as part of preventive examinations and fully covered by VZP												
ECG examination										once every 4 years		
blood lipid testing												
blood sugar test										once every 2 years		
urinalysis							at every preventive examination					
examination of kidney function ¹⁾											once every 4 years	
Screening examinations for the early detection of oncological diseases												
mammography screening examination										once every 2 years		
cervical cancer screening						once a year		***		***		
colorectal cancer screening											once a year	once every 2 years

* plus once a year another covered examination (with an interval of at least 5 months from the preventive examination)

¹⁾ for patients suffering from diabetes, hypertension or cardiovascular complications

²⁾ it is not performed on women who have not yet had intercourse

³⁾ stool examination for the presence of blood at the specified intervals or once every 10 years a screening colonoscopy

** from 45 to 61 years preventive eye examination recommended at 4-year interval

*** at the age of 35 and 45 let screening HPV test with a negative cytology result